

VACHAN PRERANA DIN

Class: - TE Electrical (AY 2020-21)

On 15th October 2020; TE Electrical class has celebrated the World Student's day and Vachana Prerana Din in the memory of Dr. A. P. J. Abdul Kalam.

Students have read / expressed their views on the books that they read like Who will cry when you die, The power of positive thinking, As a man thinketh, Happiness unlimited etc.

One student read the oath by Dr. A.P.J. Abdul Kalam.

Class coordinator : - Prof. Irfan I. Mujawar

Birth Anniversary Dr. A.P.J.Kalam sir World Student Day



Zoom Meeting

Recording...

Participants (53)

Q. Find a participant

66. Mamta Sidral

67. Ramesh Soma

68. Shubham Suryawanshi

70. Namrata Tati

71. Prashant Vanaskar

72. Aniket Jadhav

77. Inde puja

79. Venkatesh Paskanti

YE 69 Gururaj Tambake

Invite Mute All

Chat

we honest to out self our*

From 44. Patil Abanishu to Me: (Privately) knowledge will give you the power but character will give you respect

From 43. Laxmi Paskanti to Me: (Privately) A good teacher is a brilliant light

From 24. Rohini Kakade to Me: (Privately) Good morning Sir, Can i read book?

From Me to 01. Jayesh Anank: (Privately) WHICH IS NEXT LECTURE?

From 01. Jayesh Anank to Me: (Privately) Machine sir

From Me to 01. Jayesh Anank: (Privately) OK

To: 01. Jayesh Anank (Privately)

Type message here...

04 vinayak Biraj...

51 Abhishek pa...

60 muskan shaikh

66. Mamta Sidral

44. Patil Akanksha

35. poonam mane

26 kamble shaijal

31 Swapnil kulka...

30. Korampalli P...

03 Bhavathi N...

61 Namra Shaikh

TE 69 Gururaj Tambake

32 Lagshetti Karuna

53 Kiriti Potdar

62 Saba Shaikh

64 Shankar Shinde

20 Jagdale Charushila

19. Nisarga Marale

68 Shubham Suryawanshi

01 Jayesh Anank

67 Ramesh Soma

Life is like a mirror. Smile at it and it smiles back at you.

DIRECTOR RAM

10:28 PM 14/10/2020

HAPPINESS UNLIMITED- B.K.Srivani

This book abstract is intended to provide just a glimpse of this wonderful book with the hope that you may like to read the original book at leisure and enjoy its real beauty.

Book 1:

Choosing Happiness It is the choice I make

Normally, we look for happiness from external factors like objects, relationships, achievements, success, name/fame, power. Our belief system has created this dependency. This is mind conditioning from past experience. This way we postpone happiness. Physical comfort, but mind is pain, happiness gone. Physical discomfort, but mind peaceful, happiness is possible.

Very powerful, successful, wealthy, healthy, educated persons are unhappy. Persons without all this can be happy.

We want to be happy depending on getting marks/grades, job, relationship, success, money, name/fame, car, house, behavior of others etc. These are just stimuli which create a response in the mind depending on our mind programming. I create thoughts and feelings, not the objects.

My reaction/response creates thoughts of happiness/unhappiness. Different persons respond differently to the same stimulus. Happiness without or irrespective of the stimulus is possible. If I understand that I create the thoughts, I am the programmer of my life. No responsibility-no control. Spirituality gives us this freedom from dependency.

When I don't get a job/marks/money, I think that being upset, in tension, worry, fear, sadness are normal. Then happiness is not possible. Problems and challenges will be there. To disagree or deal with them is our choice. Failure/success not in my hand, my thoughts and feelings are in my hand.

For any incident reaction is automatic, response is by choice.

Meditation: Does not mean stopping thoughts. Being aware and choice of thoughts is important.

Begin every morning: Just watch thoughts and feelings.

To Create The Thought-To Enhance The Journey

Two Approaches: 1. If I achieve this, I will be happy. 2. I will be happy while achieving this. It is not just reaching the destination that matters. It's the quality of the journey that counts. Others wish us safe journey.

Destination/goals/marks/grades, job, position, relationship) are important, otherwise we become passive, directionless. The goals may take days, months, years. While performing the day, I am

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